

# Speak English Fluently & Confidently

*In 6 Easy  
Steps*

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# You Can Do It!

Imagine how amazing it would feel to pick up the phone and start speaking in English, confidently and effortlessly. Think of how many opportunities would become available if you had the confidence to apply for jobs in English, attend networking events, and give presentations.

I am 100% positive that you can, and will, become a fluent, confident English speaker. How can I make this statement with such authority? Because speaking in English is just a skill, and all skills can be learned through repetition and practice.

I bet you know how to ride a bike, right? Remember how scared and nervous you were the first time you got on that bike. You couldn't even do it by yourself, and you probably fell off. Thankfully your parents were there to help you up and encourage you to get right back on. Do you think your parents ever doubted that you'd learn how to ride that bike? Of course not!

Learning English, and specifically how to communicate confidently in English, is no different. Maybe now it seems hard, and you're

still "falling down" from time to time. But just keep on practicing and soon you'll be riding around the block with no hands. I'm 100% sure.

I've seen students from all over the world transform from nervous, scared and frustrated English learners, to confident and fluent English speakers. I've had students who previously were too nervous to even order a cup of coffee go on to present at international conferences to audiences of over 300 people. Others gained the confidence to apply, and get offered, their dream jobs. Most go on to actively seek out opportunities to share their ideas at meetings and networking events.

The following 6 steps will get you started on your path to speaking English fluently and confidently

# step one.

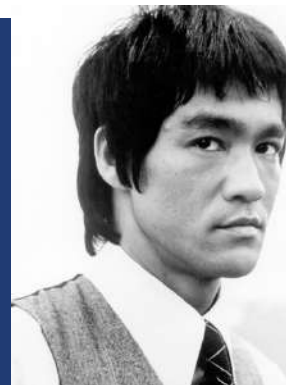
## Master the Basics



I'll be honest with you, grammar does matter. The person you're speaking to, whether it's your boss, colleague or friend, will not tolerate an incoherent string of words thrown together with no structure. The basics of English include knowing proper sentence structure, grammatical tenses, pronunciation, and a range of vocabulary. If you don't master the basics first, the following skills I offer won't really matter.

But wait, before you get discouraged in Step 1, the good news is the basics are likely a lot easier to master than you thought.

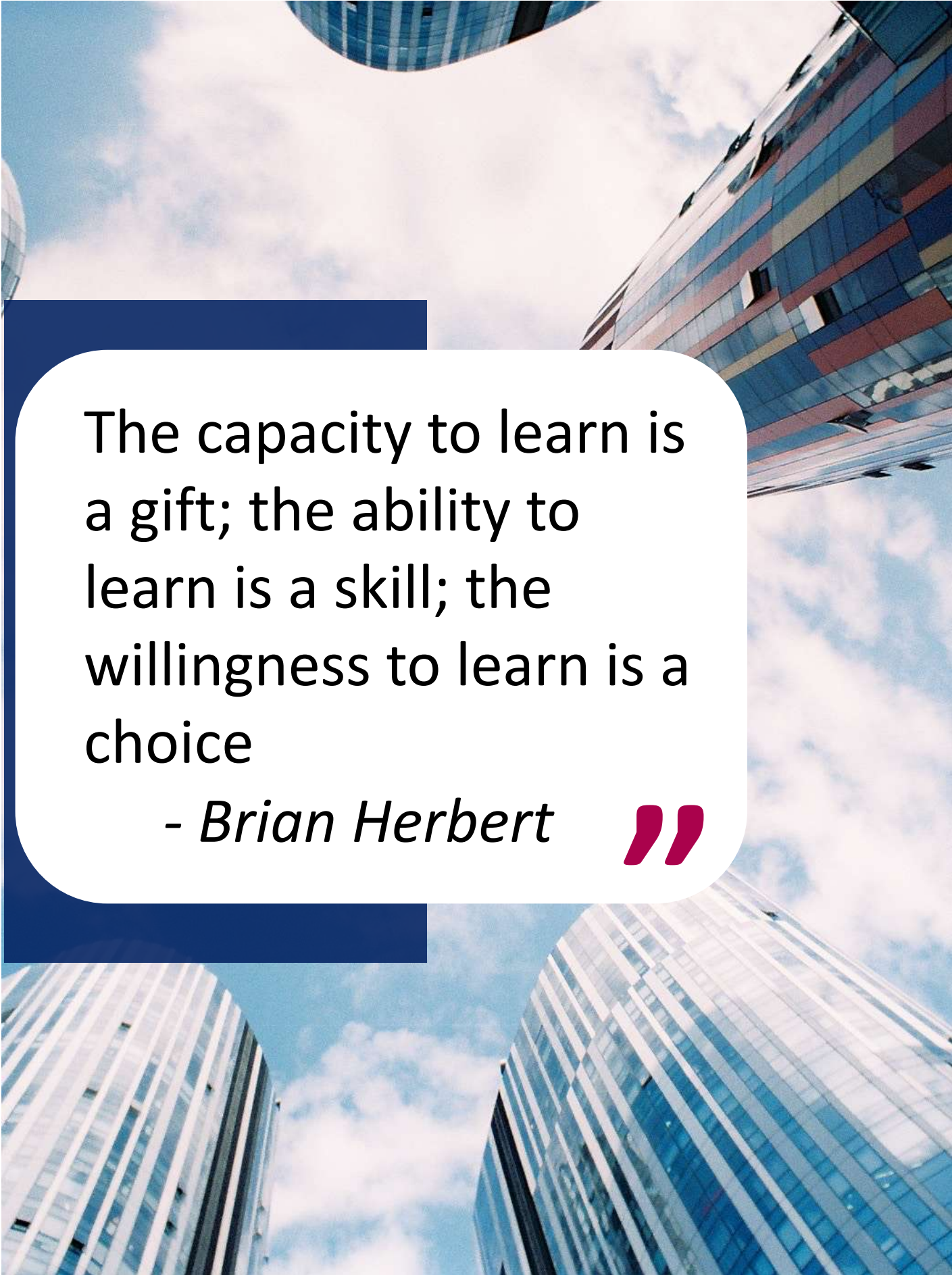
For example, you can have extremely advanced and complex conversations, including making presentations and reaching out to clients, with only 4 verb tenses: the present simple, present continuous, past simple, and present perfect. So don't over-complicate this by thinking you need to know everything about English grammar before you speak in public. You don't, you just need to know the *basics*.



“  
I fear not the man who  
has practiced 10,000  
kicks once. I fear the  
man who has practiced  
one kick, 10,000 times.  
- Bruce Lee

You can learn a lot from Bruce Lee's approach. If you're still making simple mistakes with the basics, like routinely leaving out the "s" on he/she/it verbs in the present simple, then you can't say you've mastered it. You haven't spent enough time on this "move" before learning the next.





The capacity to learn is  
a gift; the ability to  
learn is a skill; the  
willingness to learn is a  
choice

- *Brian Herbert*





# step two.

## Focus on Your Message, Not Grammar

Hold on a minute, you just told me grammar *does* matter! You're right, I did, and I *do* think that grammar matters. However, there is a time and place for focusing on grammar. That time and place is not while you're having a conversation in English outside of a learning environment. You might be an English student in the classroom, but in the work place, people will only see you as an engineer, a nurse or a web developer. When you're having a conversation, the only thing you should be focusing on is the message you want to communicate.

Let's say that you need to schedule a meeting with a client to review a project. How do you know if you've successfully communicated your message? Hint: the answer has nothing to do with verb tenses. You know you had a successful conversation if *the meeting was scheduled*. That's your goal of the conversation.

Now, your goal for *practicing* scheduling a meeting with a client is very different. When you're in practice mode, absolutely you should pay attention to your grammar, pronunciation and all the other basics. However, there is a big difference between *practicing* a conversation and *having* a conversation.

# step three.

## Ignore Your Mistakes

Imagine you went to see a musician play at your favourite restaurant. You're tapping your foot and enjoying the music when, all of a sudden, the musician stops playing and announces to the audience that he made a mistake. He tells you that he meant to play a C chord and instead played a D chord. Think of how ridiculous this would be in reality.

Yet, English learners do this all the time and think it's a good idea. If the musician had just kept playing, do you think you would have noticed the mistake? No, of course not! Why? Because you're not listening for his mistakes, you're listening to the overall song.

The person you're speaking to is listening to your overall message, not the individual words you say. Not only is stopping and correcting yourself unnatural and unprofessional, it also draws attention to your mistakes that would have otherwise gone unnoticed.

Remember, your goal isn't perfection, it's to communicate your idea. Every speaker, native or not, makes mistakes in conversations as well. But not every speaker let's their mistakes stop them from reaching their goals. That's a choice you make.





# step four.

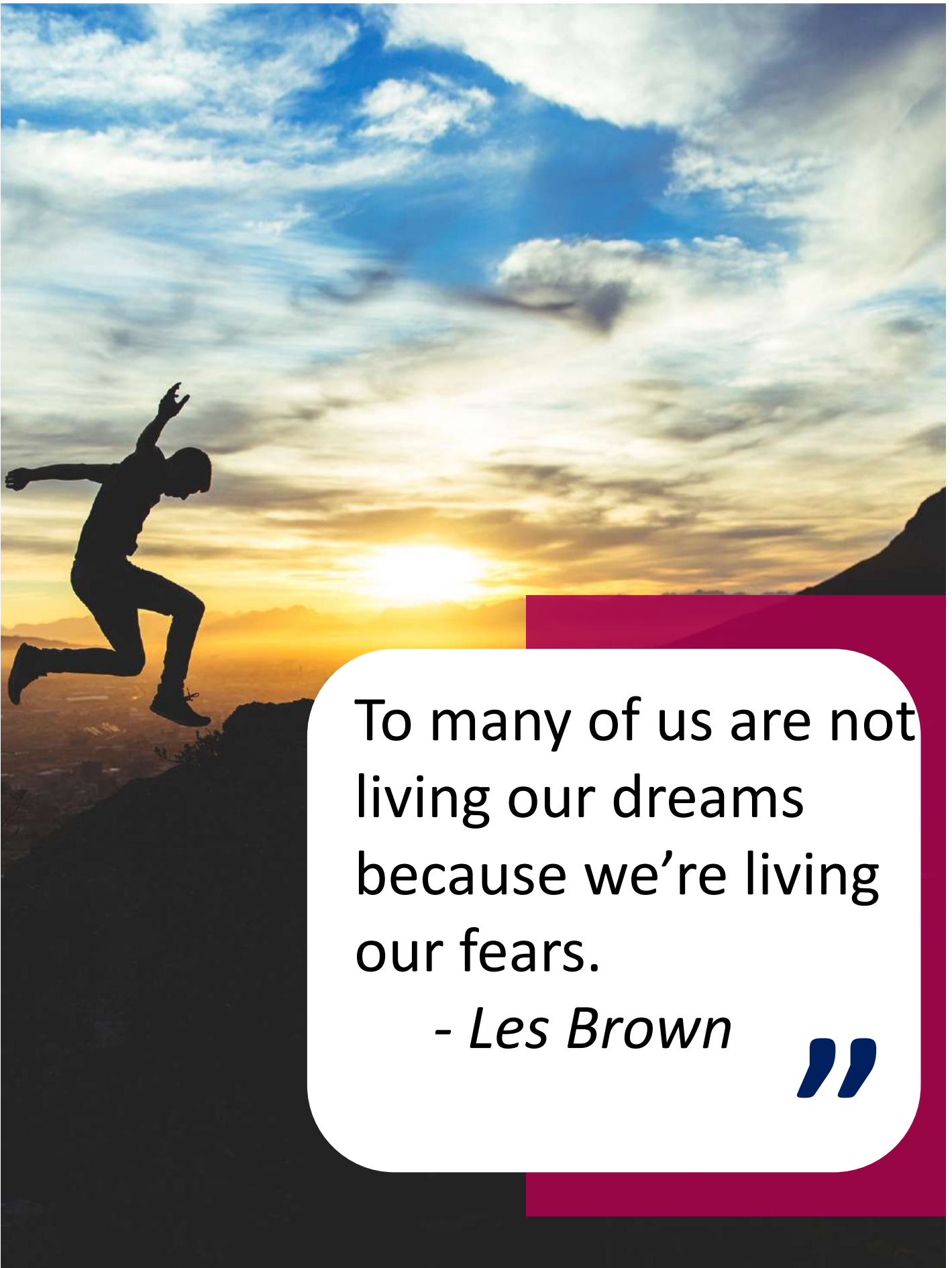
## Control Your Emotions



Fear, anxiety, worry, nervousness, stage fright, panic. These are some common emotions that people feel when they're using their English. Yet, there are other people that look at the exact same situation and completely different feelings appear: excitement, adrenaline, anticipation, confidence, motivation. Why is it that the same situation can have such different feelings for two people? Very simply put, it's because Ana *chooses* to see public speaking as a fearful situation, and Marcus *chooses* to see public speaking as an exciting situation. The situation of public speaking is neutral, it's neither a positive or a negative event. It's how we interpret the situation that determines our feelings towards it.

Fear and excitement cause the same physical reactions in the body. Both of these emotions cause your heart to beat faster, your stomach to feel tight, your palms to get sweaty and your mouth to get dry.

So why would you *choose* to look at a situation as fearful when you could look at it as exciting? Your body won't know the difference!



To many of us are not  
living our dreams  
because we're living  
our fears.

- *Les Brown*

”





# step five.

## Learn Natural Expressions

Sometimes when I'm talking to students it's like I'm talking to my grandmother's grandmother. Although I can understand the words and the meaning, it's said in a way that sounds very strange to me. Too rigid, too formal and even outdated.

Native English speakers prefer a conversational tone, yet English learners generally study very formal expressions in the classroom. Although grammatically correct, many of these expressions aren't used in the real world. This creates a language barrier between the way a native speaker communicates and the way a non-native speaker communicates.

The result: students feel self-conscious about their English and they struggle to communicate their ideas fluently and confidently.

The magic happens when students use phrasal verbs, idioms and expressions. Instantly they transform from awkward and outdated to fluent and natural. This gives students a huge confidence boost, because they know they sound just like a native English speaker.

# step six.

## Start Speaking All the Time



Imagine your friend wanted to learn how to play tennis. They tell you about all these tennis matches they've watched, books they've read and even showed you their new gear. You casually ask how much they play each week, and they reply "oh I'm not ready to play yet. I'm still just learning. I'll start playing once I learn enough".

What would your reaction be? I imagine you'd either be very confused, or you'd just start laughing. Because, logically, the only way your friend will become a good tennis player is by *playing* tennis.

The biggest mistake that my students make is waiting until some arbitrary time in the future to start speaking. Some common excuses I hear is needing to learn a specific verb tense before they start, needing to expand their vocabulary, or needing to fix their pronunciation. In reality, these are just excuses based on fear.

The best time to start improving your speaking skills was the first day you decided to learn English. The next best time to start is now.

Purposely look for any and every opportunity you can to speak in English.

# Hi, I'm Jennifer

My goal is to help you develop the skills and confidence to share your message with the world! Let me guess...after studying English for many years, you know all the grammar rules. Yet, the words just don't come out when you need them to and you're unsure of the correct expressions to use. Plus you can't help but wonder if your English is holding you back from getting promoted and attracting new clients.

Don't worry, I've been in your shoes. I remember having to speak in my second language in front of all my colleagues, including my bosses' boss. I felt so insecure, and frustrated, because I knew exactly what to say in English, but the words just wouldn't come out in French. As a communications professional, I felt embarrassed not being able to communicate.

Since that time, I've gone on to travel the world helping individuals from virtually every country become confident English speakers and reach their true potential.

I've also gone on to learn another second language. I started speaking from day one, I left my fears behind, and I focused on learning natural expressions. My experience learning Spanish was completely different from my experience learning French. I got better results in less time, and I enjoyed learning a lot more too.

What does this mean for you? It means that with me as your teacher you get both a communications expert and a language expert. I can help you create and deliver the perfect message. And I can help you perfect your English so you sound fluent and natural.

It's time you invested in yourself, because the sky's the limit on how far you can go!



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# What's Next

The first thing you need to do is **overcome your fear of speaking**. You **cannot** reach your fluency goals if you're too scared to speak in English. And you need to feel confident speaking in any situation outside of the classroom. 😊💬

That's why I'm offering you my **BEST-SELLING** course "*The Confident English Speaker*" for only \$7! 🙌

This course sells for \$197, but you can get it now for only \$7! Hurry, this offer won't last long! 🔥



## The Confident English Speaker

8-Part Video Course to Learn How to *Permanently* Overcome Your Fear of Speaking English...*even if you have an accent and make grammar mistakes!*



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